

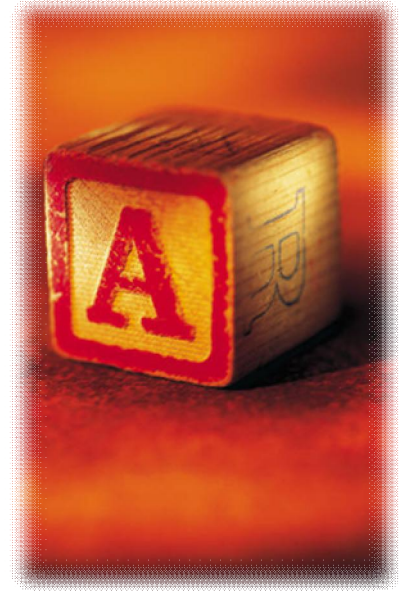
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Personal Performance Improvement

Living In A!
Handout



The Keys to Living in A



Commitment and Desire

Personal Responsibility

Vision in All Directions

Attitude of a High
Achiever



Commitment and Desire

Erin Howden, Region #16 FS, PPI

Pillars of Commitment

Dennis Kinlaw

- Clarity
- Competence
- Influence
- Recognition



Our Passion is Linked to Purpose



- How does what we do **add value to human life?**
- How can we **make a difference?**
- We must **love what we do!**



Personal Responsibility

Erin Howden, Region #16 FS, PPI

Personal Responsibility Tips

- Increase your alertness in the learning process
- Be personally responsible for your preparation, growth and success—Get in the driver's seat
- Put theory into action
- Minimize crutches
- Look at mistakes you make or coaching advice given as learning opportunities
- The opposite of personal responsibility is blame.

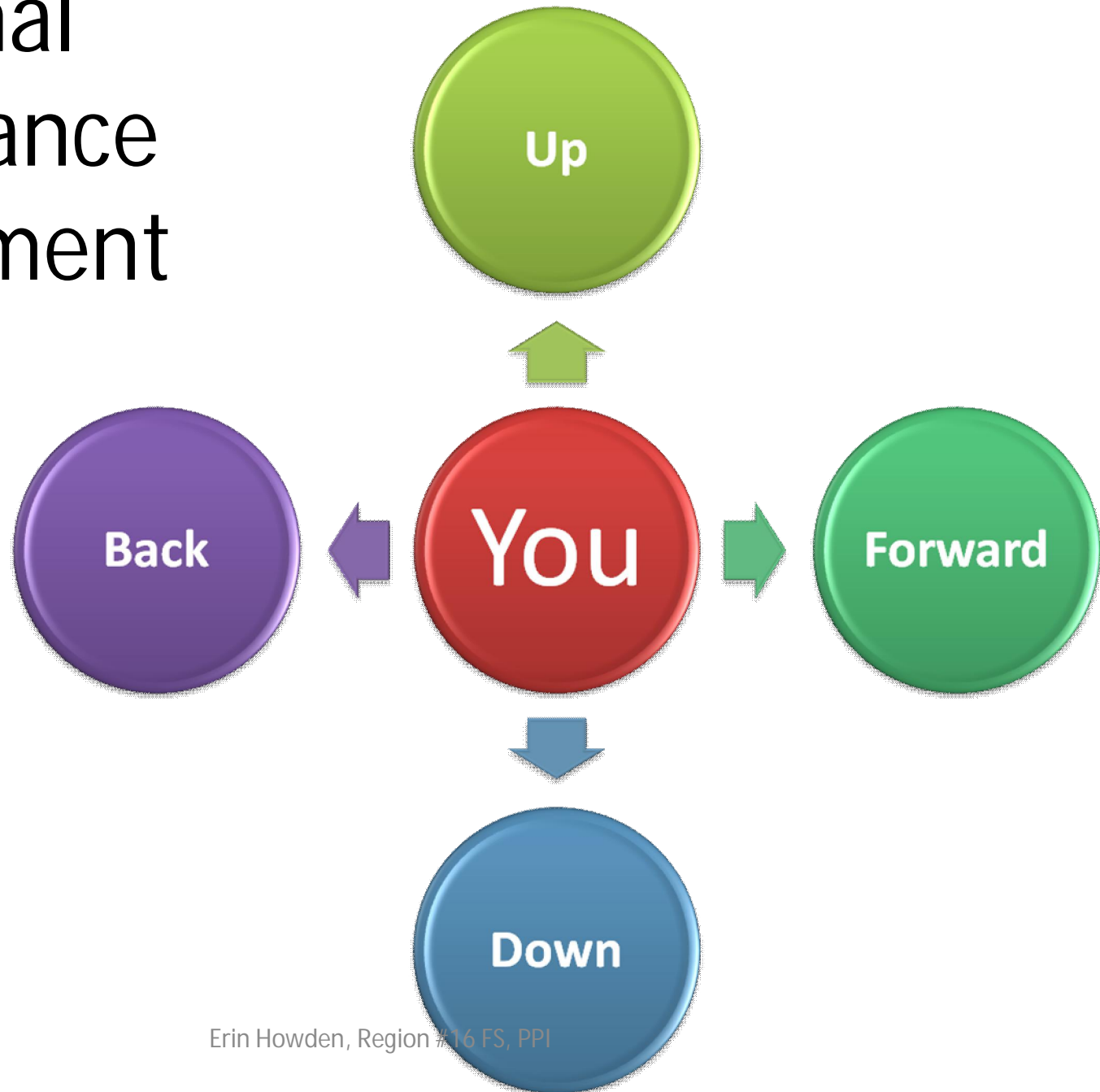
"You gave me wings, now let me fly"

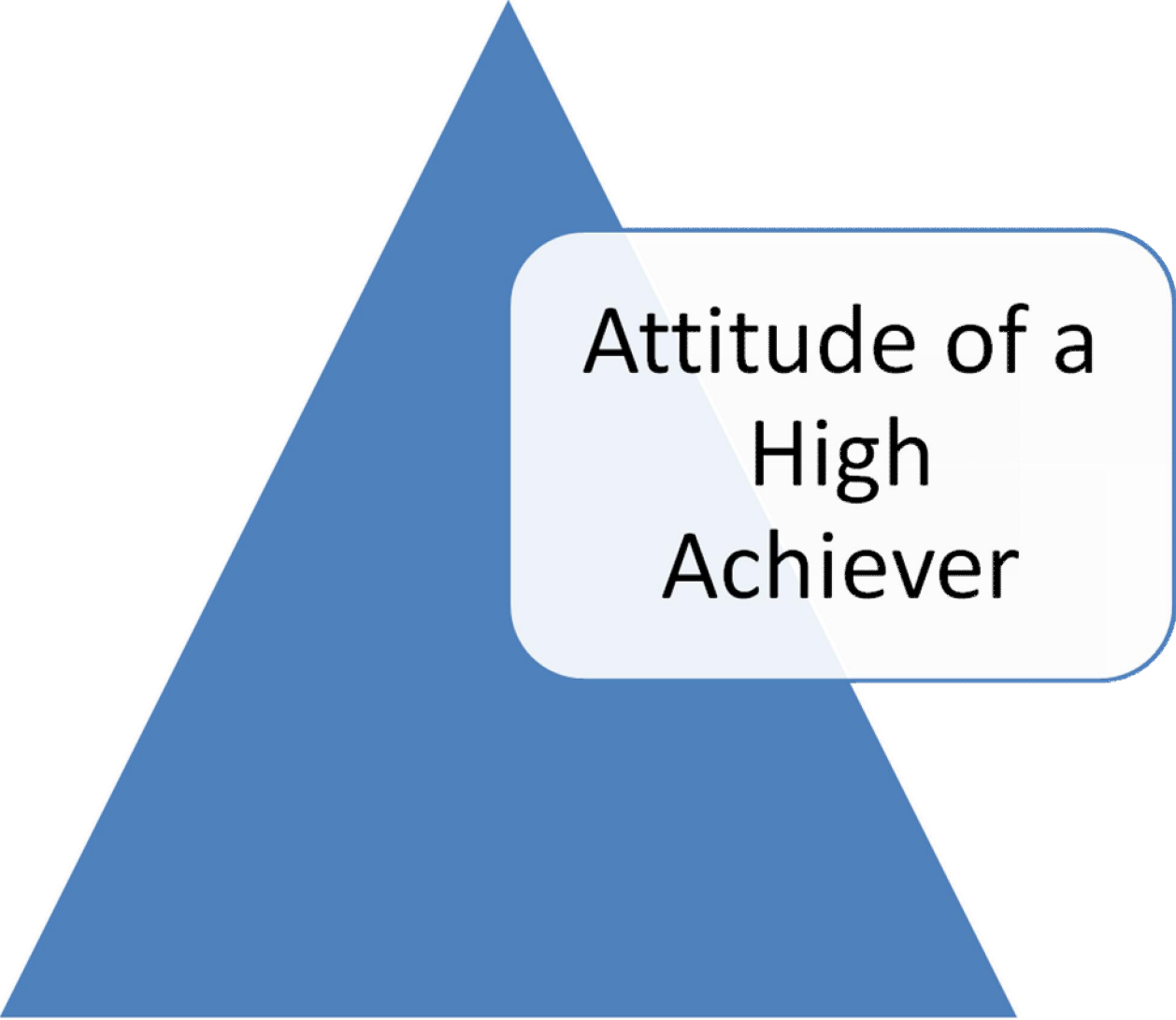


**Vision in
All
Directions**

Erin Howden, Region #16 FS, PPI

Personal Performance Improvement





Attitude of a
High
Achiever

Erin Howden, Region #16 FS, PPI

Six Attitudes of High Achievers

- Make no small plans
- Are willing to do what they fear
- Are willing to prepare (get more excited about what they are becoming than what they have done)—setting goals, mastering tech skills, building endurance, confidence building
- Are willing to risk a set-back or failure (failure is not the enemy of success...it is the teacher)
- Are teachable
- Have heart—overcome the urge to quit the fight