



Venue Map

Lace City Singers

Coaching

Weekend

11th - 13th February

2005

with



Gail
Jencik

ARTS COUNCIL
ENGLAND
LOTTERY FUNDED

Gail Jencik

A native New Yorker, Gail has spent the last 15 years travelling the world as a professional choreographer, visual, and musical coach. Her expertise has taken her to most of the 50 states as well as Canada, Great Britain and Sweden. Creativity, rhythm and dance for the vocalist and vocal ensembles are her areas of specialty.

A member of the faculty of Sweet Adelines International, her coaching credits include more than a dozen gold medallist chorus and quartet competitors in Sweet Adelines International, The Barbershop Harmony Society, and Harmony, Inc. Gail also occasionally judges Visual Performance for the ICCA (International Championship of Collegiate A Cappella).

She has choreographed several productions for The New York City Gay Men's Chorus concert series. Held at venues including Carnegie Hall and Avery Fisher Hall in New York, the series featured Stockard Channing, Roberta Peters and Rex Reed.

In 1997, when the newly formed Coastline Show Chorus needed a director, Gail stepped off the risers to fill the position. In her first 6 years as director, the chorus grew from 30 to 120 members, while she led the chorus to multiple regional 1st place medals with the highest scores ever received in a North Atlantic Region 1 contest. Having earned her credentials as a Master Director, she went on to direct Coastline at the 2003 Sweet Adelines International contest to an International 9th place medal, and will again lead the chorus in the 2005 International contest in New Orleans, Louisiana.

Small Choruses

Shell's Belles

Director

Michelle Walker

Tenor

Sue Fletcher
Liz Hayto
Liz Knock

Lead

Emily Atherton
Marlene Cook
Angela Deane
Chris Dempster
Freda Dickinson
Mel Futer
Jill Garner
Janet Hind
Lynn Johnson
Mandy Kennedy
Hilary Rotheram
Linda Watson

Bass

Kath Anderson
Tracy Casey
Clare Eaves
Sue Faulkner
Penny Hay
Gemma Hind
Trina Orriss

Baritone

Lesley Brownhill
Jan Gross
Natalie Hayes
Penny Kimmins
Kathy Knight
Pauline Oliver
Isobel Vout
Madeleine Wells

Kate's Mates

Director

Kate Ellis

Tenor

Alyson Allan
Emma Beedon
Angela Sanchez-
Rosemurgey

Lead

Di Baker
Stella Claxton
Mel Cook
Pat Davies
Rosetta Hardwick
Pamelia Robinson
Pat Sturt
Maureen Walker
Helen Willis

Bass

Sandra Barker
Gwen Cresswell
Hil Martin
Liz Mills
Sandy Prevezer
Laura Ritchie
Margaret White

Baritone

Barbara Barry
Liz Clunie
Holly Collinson-
Shield
Helen Douglas
Linda Dunning
Beryl Kemp
Marilyn Ligo

Deb's Celebs

Director

Deborah Wheeldon

Tenor

Esther Boyd
Jane Hammond
Nancy Littlewood
Kate Waller
Lucy Woolhouse

Lead

Jayne Armstrong
Sophie Broughton
Mavis Hyson
Nicola Messom
Jo Messom
Emily Penny
Isobel Sail
Pat Smith (2)
Lesley Storer

Bass

Jean Bentley
Vi Brentnall
Barbara Buck
Joan Flinton
Lynda Littlewood
Chris Stimson
Margaret Sumpter

Baritone

Jane Bamford
Sophie Mills
Jan Moulds
Elaine Roberts
Rosie Rogers
Jean Woodford

The 10 Steps to A- Performance

An A Minus performer:

1. Always matches and resonates vowels, diphthongs and words in *total unity*
2. Always *instantly tunes* chords
3. Always *balances* chords at all volumes and at all parts of her range
4. Always makes vocal lines *flow* seamlessly with energy
5. Always performs with *artistry and finesse*
6. Always executes the intended *interpretative plan*
7. Always demonstrates total command of the stage with *poise and confidence*
8. Always shows *complete involvement* in the character and message of the story
9. Always achieves a strong *rapport* with the audience
10. Always shows that she *enjoys* performing

and

Always achieves these in way that transcends technique

A word from your Director

Shortly after we won our Gold medals in May last year, Sweet Adelines published a list of all the winning choruses in order of their scores. What's exciting is that the 10th place chorus is just 23 points ahead of us – less than three points per song per judge. Moreover, there are 14 choruses that are 10 or fewer marks ahead of us. They include Bay Area Showcase (10 points ahead) and Velvet Hills (5 points ahead, directed by Kathy Carmody) who were 6th and 7th respectively in the last international final in Phoenix.

Of the choruses ahead of us, we scored more in sound than Velvet Hills, Pride of Toledo, Greater Auckland and others. We scored more in music than Velvet Hills. We scored more in expression than lots of choruses including those in 9th and 10th place.

I believe that a place in the International Finals in New Orleans is within our grasp if we want it enough. So let's make it our goal

GOAL: To come in the top ten of the International Chorus competition in New Orleans.
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To do this we will need to be A minus level performers. Your music team have been working hard to understand what this means we need to do and you'll find their "10 steps to A-singing" in this booklet.

This coaching weekend is a fantastic opportunity to take some big steps towards our goal. Gail's expertise and experience is perfect for us at this time and she is excited about coming to work with us again. Two important things you can do to prepare are:

- 1) learn the Masquerade interpretation as per the sheet I have given out
- 2) familiarise yourself with the requirements of A-performance.

I look forward to what we can achieve together,

Glenn

What, Where and When

Friday 11th February – Warm Welcome & Warm-up

Where: Mapperley Plains Recreation & Social Club, Plains Road, Mapperley (formerly Gedling Welfare, opposite Treetops pub). We are in the annex – go down the right hand side to the back.

When: from 7.30pm

Wear: Whatever you like!

Notes: Please come along and welcome Gail to Nottingham. Bar available. Informal singing likely!

Saturday 12th February – Coaching

Where: Carlton le Willows School, Wood Lane, Gedling, Nottingham NG4 4AA

When: 9am – 5pm

Wear: Pink polo shirt and green sweatshirt

Notes: Tea/Coffee from 8.45am. Lunch and refreshments provided. Bring a waterbottle – refills available. Don't forget your costume!

Saturday 12th February – Performance

Where: Carlton le Willows School

When: 6pm – 7pm

Wear: Black Lace top, Black Camisole, Black Skirt, Tan chorus tights, Black chorus shoes, earrings, necklace, full make-up, medal.

Notes: The show is free. All welcome.

Saturday 12th February – Afterglow

Where: Mapperley Plains Recreation & Social Club

When: from 7.30pm

Wear: Whatever you like!

Notes: Bar and food available.

Sunday 13th February – Coaching

Where: Carlton le Willows School

When: 9.30am – 1pm

Wear: Pink polo shirt and green sweatshirt

Notes: Tea/Coffee from 9.15am.

Coaching Programme

Saturday	
9.00	Introduction and warm-up
9.30	..and over to you, Gail
10.30	Break
10.50	Understanding A- performance
11.20	Ballad Showmanship
12.10	Small Choruses
1.00	Lunch
1.45	Uptune Showmanship
3.15	Break
3.35	Creating Section Unity
4.35	Putting it all Together
4.50	Review of the day
5.00	End

Sunday	
9.30	Introduction and warm-up
10.00	More Uptune Showmanship
11.00	Break
11.20	Flexible session
12.20	Finishing Touches
12.35	Evaluation and Review
1.00	End

A Thought for the weekend

Come to the edge.

We might fall.

Come to the edge.

It's too high!

COME TO THE EDGE!

And they came,

and he pushed,

and they flew.

Christopher Logue, English poet